



Dear Parents/Carers

PE in school

Recently SLT and our PE leaders have been discussing how the children change for PE. After receiving advice and talking to groups of children, the following will be the new procedures for PE in school. They will be starting from Monday 18 March.

Children in years 1 - 6 will come to school in their PE kits on their main PE day (please see days listed below). Any shorter additional PE sessions will be done in usual school uniform. PE kits **must** be black trousers/joggers in colder months and black shorts in warmer months, both with a white t-shirt. The children may also bring a plain red or black fleece with them. PE trainers must also be worn. Children will remain in their PE kits for the whole day (please do not send in uniform).

Nursery and Reception will continue to change for PE as normal in class. This is due to the children needing to learn how to change themselves.

Children who attend clubs (not reception) will use two separate classrooms to change, one for girls and one for boys.

Nursery – Monday (PE kit should be kept in school)

Reception – Mondays and Fridays (PE kit should be kept in school)

KS1 (Birch, Sycamore and Chestnut) – Wednesdays

LKS2 (Laurel, Willow, Hawthorn) – Thursdays

UKS2 (Maple, Oak, Redwood) – Tuesdays

Please note, when a LKS2 class is attending swimming lessons, they will not need to come in changed on their day.