



Dear Parents/Carers

Yoga Stretches/ Mental Health Club

Mrs Spary is continuing to run an after school club that will involve yoga stretches, exercise and a focus on mental health. The club will be offered to children in year 2 until February half term. After this, children from a different year group will be invited to attend. The children will need to wear their PE kit and bring a yoga mat or something similar. The club will run on Tuesday's from 3.00pm- 4.15pm starting from 16 January until Tuesday 13 February.

If your child would like to join this club, please complete the slip below and return it to school by Friday 12 January at the very latest. If the club is oversubscribed, slips will be drawn from a hat. Parents will be sent an email/text to confirm place in club on Monday 15th January.

Yours sincerely

Mrs M Green
Headteacher

Please complete and return to school by Friday 12 January

Yoga Stretches/Mental Health Club

Child's name Class.....

My child would like to join the yoga stretches/mental health club after school on Tuesdays.

Signed..... Date.....