

## Menu Week One

Week Commencing: 5th November, 26th November, 17th December, 7th January, 28th January, 25th February, 18th March

All our milk is organic - fresh from the dairy

### Monday

Lamb Slice with Diced Potatoes  
Southern Style Quorn Grill with Pasta **V**  
*Chilled Option* Tuna Roll



### Tuesday

Chicken Curry with Rice  
Jacket Potato with Baked Beans **V**  
*Chilled Option* Ham Baguette



### Wednesday

Roast Pork and Apple Sauce with Roast Potatoes or Wholemeal Pasta  
Quorn Pieces in Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta **V**  
*Chilled Option* Cheese Roll



### Thursday

Burger in a Bun with Potato Wedges  
Cheese Pinwheel with Tri Colour Pasta **V**  
*Chilled Option* Chicken Baguette



### Friday

Fish Fillet with Low Fat Chips or Pasta  
Cheese and Tomato Pizza Wrap with Low Fat Chips or Pasta **V**  
*Chilled Option* Egg Roll



## Menu Week Two

Week Commencing: 12th November, 3rd December, 14th January, 4th February, 4th March, 25th March

Freshly baked wholemeal bread, seasonal vegetables and bowl salads are available daily

### Monday

Sausages with Onion Gravy and Diced Potatoes  
Vegetarian Roll with Pasta **V**  
*Chilled Option* Tuna Roll



### Tuesday

Lasagne with Side Salad  
Quorn Hot Dog with Potato Wedges **V**  
*Chilled Option* Ham Baguette



### Wednesday

Roast Chicken with Stuffing and Roast Potatoes or Wholemeal Pasta  
Vegetarian Burrito Wrap with Wholemeal Pasta **V**  
*Chilled Option* Cheese Roll



### Thursday

BBQ Pork with Savoury Rice  
Jacket Potato with Cheese **V**  
*Chilled Option* Chicken Roll



### Friday

Fish Fingers with Low Fat Chips or Pasta  
Cheese and Tomato Pizza with Low Fat Chips or Pasta **V**  
*Chilled Option* Egg Baguette



## Menu Week Three

Week Commencing: 19th November, 10th December, 21st January, 11th February, 11th March, 1st April

Gravy and Custard are always available separately when on the menu

### Monday

Mexican Beef with Vegetable Rice  
Macaroni Cheese with Garlic Dough Balls **V**  
*Chilled Option* Tuna Baguette



### Tuesday

Chicken Pie with Creamed Potatoes  
Sweet Potato and Chickpea Curry with Rice **V**  
*Chilled Option* Ham Roll



### Wednesday

Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta  
Tomato Bolognaise with Roast Potatoes or Wholemeal Pasta **V**  
*Chilled Option* Chicken Roll



### Thursday

Baked Chicken Wrap with Tri Colour Pasta  
Roasted Vegetable Slice with Potato Wedges **V**  
*Chilled Option* Cheese Baguette



### Friday

Salmon Fish Fingers with Low Fat Chips or Pasta  
Favourite Pizza with Low Fat Chips or Pasta **V**  
*Chilled Option* Egg Roll

